

NMA Formula (HN) IV Infusion

Supporting Healthy Hair, Skin, Nails and Overall Nutritional Wellbeing

Healthy hair, glowing skin and strong nails are often viewed as outward signs of good health, but they are also influenced by many internal factors, including nutrition, hydration, genetics, hormonal balance and overall wellbeing.

What is NMA Formula (HN)?

NMA Formula (HN) is an intravenous nutritional therapy formulated to provide amino acids and key nutrients involved in the normal structure and function of the body's rapidly growing tissues, particularly the hair, skin and nails.

Hair follicles, skin cells and nail tissue continually renew themselves, making them dependent upon an adequate supply of nutrients to support normal growth and maintenance.

Why Are Hair, Skin and Nails Important?

Hair, skin and nails are continually growing and repairing.

Healthy skin forms the body's largest protective barrier against the external environment.

Hair helps protect the scalp while contributing to appearance and confidence.

Nails protect the fingertips and support everyday hand function.

These tissues require a continuous supply of proteins, amino acids, vitamins and minerals to maintain their normal structure.

The Importance of Amino Acids

Amino acids are the building blocks of protein.

Proteins form the structural foundation of:

- Hair

- Skin
- Nails
- Muscles
- Connective tissue
- Collagen
- Enzymes
- Hormones

Without adequate amino acids, the body cannot efficiently produce many of the proteins required for normal tissue maintenance and repair.

Supporting Healthy Hair

Hair is primarily composed of keratin, a protein that depends upon an adequate supply of amino acids.

Certain amino acids contribute to the normal production of proteins involved in healthy hair structure.

Many factors can influence hair health, including:

- Nutrition
- Genetics
- Hormonal changes
- Stress
- Medical conditions
- Ageing
- Certain medications

While nutritional support may benefit individuals with identified deficiencies or increased nutritional requirements, **IV nutritional therapy is not a treatment for medical causes of hair loss**, and further medical assessment may be required where appropriate.

Supporting Healthy Skin

The skin is the body's largest organ and is constantly renewing itself.

Healthy skin relies upon:

- Adequate hydration

- Protein production
- Collagen formation
- Normal cell turnover
- Antioxidant protection

Several nutrients included within NMA Formula (HN) contribute to the maintenance of normal skin physiology and healthy connective tissue.

However, it is important to recognise that healthy skin also depends upon lifestyle factors such as sun protection, nutrition, sleep and smoking status.

Supporting Strong Nails

Healthy nails require a continuous supply of nutrients to support their normal growth.

Nutrients involved in protein synthesis and connective tissue maintenance contribute to healthy nail structure.

Brittle or slow-growing nails may have many causes, including nutritional deficiencies, medical conditions or repeated trauma.

During your consultation we will discuss whether IV nutritional therapy is appropriate for your individual circumstances.
